

# Life insurance looking after number one...

We often protect our car, home and pets before ourselves, sometimes assuming that life insurance is too expensive to consider.

Below are some facts about how the average UK household likes to spend their money every month...



When compared with these expenses, you may be surprised to discover that the average household only spends £13.86 per month on life insurance.

## Can you really afford to not consider protecting yourself?

Source: ONS, Family Spending 2014

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